

SOUTH WEST VETERANS' AC

25th Track & Field Championships

Exeter Arena – Summer Lane, Exeter EX4 8NT

Sunday 19th June 2011

All Events are open to Senior Competitors

To celebrate our 25th Anniversary, a Free Buffet will be provided for competitors.



Surname Forename(s).....

Address

..... Postcode

Date of Birth Gender M/F Age (on 19.06.2011)

Tel Numbers & STD Code(Home) (Work)

Veterans' Club Membership No

First Claim Club E.A. Licence No

Please Tick The Events Entered

100M _____ <input type="checkbox"/>	Sprint Hurdles _____ <input type="checkbox"/>	Triple Jump _____ <input type="checkbox"/>
200M _____ <input type="checkbox"/>	Long Hurdles _____ <input type="checkbox"/>	Pole Vault _____ <input type="checkbox"/>
400M _____ <input type="checkbox"/>	Steeplechase _____ <input type="checkbox"/>	Discus _____ <input type="checkbox"/>
800M _____ <input type="checkbox"/>	5000m Walk _____ <input type="checkbox"/>	Hammer _____ <input type="checkbox"/>
1500M _____ <input type="checkbox"/>	High Jump _____ <input type="checkbox"/>	Javelin _____ <input type="checkbox"/>
5000M _____ <input type="checkbox"/>	Long Jump _____ <input type="checkbox"/>	Shot _____ <input type="checkbox"/>
1 Hour Track Run including 10K Race _____ <input type="checkbox"/>		Pentathlon _____ <input type="checkbox"/>

Closing date 7th June for entries to be included in the programme.

All field events 6 trials except high jump & pole vault which are limited to 3 failures

For a timetable of events visit www.swvac.org.uk

Medals will be awarded in 5 year age groups subject to achieving medal standard and number of entries

Certificates will be posted to participants in the One Hour Track Run

Entry Fee: 1st event £6, subsequent events £2; Pentathlon £10

Unaffiliated Entries £2 extra

(a) I have paid my 2010 subscription due on 1st April 2011 and enclose a cheque/postal order for £..... being the events entry fees

(b) I enclose a cheque/postal order for £..... being my 2011 subscription together with the entry fees

I understand that this entry will not be accepted if my membership subscription is in arrears

Signature.....

Date.....

Entries to:- P. Fairbank, 3 Stour Way, Christchurch, BH23 2PF

All cheques/postal orders payable to South West Veterans' AC

Please enclose a 9 x 6 SAE for confirmation & number