

SOUTH WEST VETS AC

5K ROAD RECORDS

Last updated 17 August 2011

Championship Records				
M35	Jonathan Coles	17.18	Yeovilton	2006
M40	Julian Emery	15.57	Barton St David	2009
M45	Jeremy Hogan	17.06	Yeovilton	2006
M50	Kevin Sparey	17.25	Yeovilton	2007
M55	Leslie Lock	17.09	Yeovilton	2007
M60	Roger Rowe	18.33	Yeovilton	2006
M65	John Perratt	20.20	Yeovilton	2006
M70	John Perratt	20.16	Yeovilton	2007
M75	John Goulding	24.48	Poole	2011
W35	Alison Barnes	17.15	Yeovilton	2007
W40	Revis Crowle	18.16	Plymouth	2003
W45	Angie Sadler	19.05	Yeovilton	2006
W50	Anne Luke	18.53	Yeovilton	2007
W55	Zina Marchant	21.39	Yeovilton	2006
W60	Joan Royal	21.22	Poole	1999
W65				2003
W70	Mary Anstey	25.15	Yeovilton	2007

Club Records				
M35	Jonathan Coles	17.18	Yeovilton	2006
M40	Andy Morgan-Lee	15.25	Portsmouth	2011
M45	Jonathan James	15.24	Yeovilton	2009
M50	Richard Drage	16.34	Exeter	2009
M55	Leslie Lock	17.09	Yeovilton	2007
M60	Roger Rowe	18.00	Yeovilton	2005
M65	Roger Rowe	19.10	Yeovilton	2010
M70	John Perratt	20.15	Horwich	2007
M75	John Goulding	24.48	Poole	2011
W35	Alison Barnes	17.15	Yeovilton	2007
W40	Revis Crowle	18.16	Plymouth	2003
W45	Angie Sadler	19.05	Yeovilton	2006
W50	Anne Luke	18.30	Plymouth	2008
W55	Zina Marchant	21.05	Hyde Park	2006
W60	Joan Royal	21.22	Poole	1999
W65	Joan Royal	21.38	Poole	2003
W70	Mary Anstey	25.15	Yeovilton	2007