

# **SOUTH WEST VETS AC TRACK & FIELD CHAMPIONSHIP RECORDS**

Last updated 22 July 2011

## **HAMMER**

<b>M40</b>	<b>52.25</b>	<b>Garrett Halpin</b>	<b>2010</b>
<b>M45</b>	<b>49.30</b>	<b>Jon Milum</b>	<b>2011</b>
<b>M50</b>	<b>45.80</b>	<b>Michael Small</b>	<b>2007</b>
<b>M55</b>	<b>31.90</b>	<b>Murray Grant</b>	<b>1999</b>
<b>M60</b>	<b>33.95</b>	<b>Murray Grant</b>	<b>2001</b>
<b>M65</b>	<b>20.04</b>	<b>George Eccles</b>	<b>2008</b>
<b>M70</b>	<b>26.67</b>	<b>Leslie Parker</b>	<b>1998</b>
<b>M75</b>	<b>26.14</b>	<b>Bernard Metcalfe</b>	<b>1992</b>
<b>M80</b>	<b>9.78</b>	<b>Roger Spikes</b>	<b>1999</b>
<b>W35</b>	<b>29.84</b>	<b>Catarina Hallden</b>	<b>2005</b>
<b>W40</b>	<b>27.50</b>	<b>Barbara Terry</b>	<b>1987</b>
<b>W45</b>	<b>32.80</b>	<b>P McNab</b>	<b>1989</b>
<b>W50</b>	<b>36.70</b>	<b>Gillian Hoskins</b>	<b>2000</b>
<b>W55</b>	<b>38.46</b>	<b>Gillian Hoskins</b>	<b>2003</b>
<b>W60</b>	<b>33.41</b>	<b>Rosemarie Hutton</b>	<b>2009</b>
<b>W65</b>	<b>27.62</b>	<b>Carole Derrien</b>	<b>2005</b>