

SOUTH WEST VETS AC TRACK & FIELD CHAMPIONSHIP RECORDS

Last updated 14 July 2010

SHOT PUT

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|------------|--------------|-------------------------|-------------|
| M35 | 13.55 | Simon Bennett | 2010 |
| M40 | 13.52 | Bruce Holden | 1991 |
| | 13.52 | Andrew Turner | 2007 |
| M45 | 12.73 | Bruce Holden | 1996 |
| M50 | 14.14 | Michael Small | 2008 |
| M55 | 12.86 | Bruce Holden | 2006 |
| M60 | 11.17 | Philip Oakeshott | 1992 |
| M65 | 9.79 | Bill Legg | 2007 |
| M70 | 10.36 | Bill Legg | 2010 |
| M75 | 9.07 | Bernard Metcalfe | 1992 |
| M80 | 6.75 | Bill Baker | 1987 |
| W35 | 12.76 | B Carter | 1989 |
| W40 | 11.59 | Barbara Terry | 1987 |
| W45 | 10.45 | Barbara Terry | 1991 |
| W50 | 12.76 | Carole Derrien | 1989 |
| W55 | 10.14 | Maureen Pearson | 2005 |
| W60 | 9.37 | Maureen Pearson | 2009 |
| W65 | 6.87 | Carole Derrien | 2005 |
| W70 | 5.17 | Mary Wixey | 1993 |
| W75 | 4.72 | Mary Wixey | 1997 |
| W80 | 3.90 | Mary Wixey | 2003 |
| W85 | 3.64 | Mary Wixey | 2007 |